



Engagement. Education. Excellence
EGYPT
International
Enneagram Association



IEA EGYPT
CONFERENCE 2026

ALIGN. EMBRACE. RECONCILE

DAY 1

FEB 6



8:00am - 9:00am
Registration

9:00am - 9:45am
Opening Session

9:45am - 10:00am
Break

Keynote

10:00– 11:30
Main Theatre

Islam Abokandil

"Aligning Inner and Outer Worlds: The Enneagram as a Path to Unity and Reconciliation"

Room	Main Theatre	Transcend 208	Arab Coach Development Foundation 209	Basira W Nour 210	THINK ABOUT IT 211
11:30– 12:15	Break				Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
12:15 - 1:45	Robert Holden Spiritual Growth and the Enneagram - 9 Soul Meditations on Metanoia	Maggie Balbaa Enneaprofiles: A New Horizon for Character Profiling in Film and Fiction	Sharon K. Ball, LPC-MHSP The Connect 5 Path: Evidence-Based Trauma Healing Through the Enneagram	Mai Ashour Discovery Track The 3 Centers: Introduction to the Gut Center Mentored by Khaled ElSherbini	
1:45 – 2:45	Lunch Break				
2:45 – 4:15	Tamer Zanaty Cracking the Corporate Code: Enneagram Strategies for Organizational Transformation	Mai Mostafa Sami Facing Life's Ultimate Concerns: The Enneagram as a Map for Existential Growth	Lynn Roulo Enneagram Without Borders: Business Lessons from Around the World	Noha Abo El-Magd Discovery Track Introduction to the Heart Center Mentored by Islam Abokandil	Discussion Group 1 (211) Room "Masculine and Feminine Energies Within: An Enneagram Perspective"
3:30 - 4:15	Break				Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
4:15 – 4:45	Break				
4:45 – 6:15	Heath A. Wilson The Social Dojo: Real-Time Relational Mastery: A Live Demonstration with Nonlinear Heart Resonance	Ingy el Kably The 9 Doors of Emotional Agility	Alia Saleh and Hend Eissa From Knowing to Embodying: Aligning with Self and the Universe through Energetic Enneagram Work	Rana Moghanam Discovery Track The 3 Centers: Introduction to the Head Center Mentored by Dina ElBadry	Deborah Ooten (211) Room Polarization: Embracing the Light and Dark (Online)
5:30 - 6:15	Break				Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
6:30 – 8:30	Experiential Workshop Filipa Silva Body, Heart, and Mind through Movement: Aligning the Inner World to Embrace the Outer World!				

DAY 2

FEB 7



Room	Main Theatre	Transcend 208	Arab Coach Development Foundation 209	Basira W Nour 210	THINK ABOUT IT 211
9:00– 10:30	Marion Gilbert Radical Inclusion: Embrace, Align, and Reconcile the Three Centers of Intelligence	Mona Moustafa Beyond the Script: The Enneagram, Private Logic, and the Fluid Self Beneath the Story	Samantha Taroni The twelve-step healing spiral in the Enneagram	Dahlia Dowler Discovery Track Dynamic Movement: Wings & Arrows Mentored by Tamer Zanaty	
10:30 – 11:00	Break				
11:00 – 12:30	Khaled ElSherbini From Jalāl & Jamāl to Kamāl: An Archetypal Sufi Lens on the Enneagram	Heljen Hvalso Nielsen and Helena Protopapas Between Me and You: Enneagram Type, Attachment,	Cindy Leong Parenting in a Clashing Culture: Reconciling and Aligning Through the Enneagram	Marwa A. Fattah Mahmoud Discovery Track Instincts & Subtypes Mentored by Islam Abokandil	Discussion Group 2 (211) Room Somatic manifestations of Enneagram Types: How Personality Patterns live in the body?
11:45 - 12:30					Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
12:30 – 1:30	Lunch Break				
1:30 – 3:00	Dr. Deborah Egerton and Dr. Mona Nour The Essence of Belonging: Being Seen, Embraced, and Celebrated Across All Nine Types	Shaimaa M. Refaat Nine Faces of Grief: The Enneagram Journey from Loss to Growth	Adelaida Harrison Lafuente From Impostor to Empowered: Overcome the 9 Impostor Patterns with Enneagram Neuroscience”	Lucille Greeff and Dr Simon Kettleborough Dynamic Duos: From Friction to Flow	Conversational Board Games By Compassionate Universe
2:15 - 3:00					Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
3:30 – 5:30	Panel: Experiencing the Narrative Tradition Panel interviews Jeanette Van Stijn				
5:30 – 6:30	Lynn Roulo Breath Work	Book Signing at Diwan Booth			
8:00 – 11:00	Dinner				

DAY 3

FEB 8



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8:00am - 8:45am

Morning Activity: Kundalini Yoga with Lynn Roulo

Room	Main Theatre	Transcend 208	Arab Coach Development Foundation 209	Basira W Nour 210	THINK ABOUT IT 211
8:45 – 9:00	Break				
9:00 – 10:30	Russ Hudson Working with the Traditional Laws Behind the Enneagram				
10:30 – 11:00	Break				
11:00 – 12:30	Dina ElBadry The Path to Unity: What Gurdjieff & Sufi Teachings say about The Complete Human "Al-Insan Al-Kamil"	Jeanette Van Stijn Experience the Journey of Transformation – The EnneaFlow® Process	Yassmin Elkhoul Grief in Nine Voices: Your Enneagram's Hidden Grief Code	NICOLAI CURSINO The Multidimensional Enneagram: Awakening Energy and Consciousness on the Living Mandala	Discussion Group 3 (211) Room Navigating Conflict in business: An Enneagram -Based Approach to Leadership & teams
12:30 – 1:30	Lunch Break				
1:30 – 3:00	INGRID (ORIT) HURWITZ No Bad Parts: Reimagining Personhood for Inner and Outer Alignment, Embrace and Reconciliation	Monica Correia The Other as a Portal: Healing Human Relationships through the Enneagram	Matias Marceira and Talia Guerrero Soul Triads: The Three Living Forces of the Essence	Sally Ibrahim The Secret Thread Between You and the World	Conversational Board Games By Compassionate Universe
2:15 – 3:00					Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
3:00 – 3:30	Break				
3:30 – 5:00	Nhien Vuong The Enneagram of the Soul: A Contemplative Path to Liberate Your Soul's Radiance	Inely C. Cesna The Inner Landscape of Conflict: Enneagram Paths to Peace	Dr.Frederik Coene Human Sexuality and the Enneagram	Shatha Mahmoud and Rania Hussein From Barrier to Breakthrough How to Intercept the Defense Cycle	
4:15 – 5:00					Pause 9: An Immersive Inner Journey Through the Four Sacred Portals (213) Room
5:00 – 5:30	Break				
5:30 – 7:00	Endnote Flemming Christensen Passing the Flame: How we Align, Embrace and Reconcile through the Enneagram				
7:00 – 8:00	Closing Session				



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Conference Host



The American
University in Cairo

School of Continuing
Education

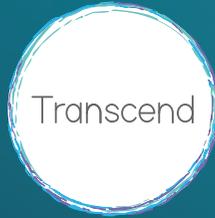
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